

Notes From the Field

Sandy Neck Newsletter

April-May 2026

From the Staff,

Spring Arrival

April and May bring a fresh start to Sandy Neck Beach as spring blooms along the dunes. The trails begin to soften with new growth, the marsh comes back to life, and the shoreline offers a quiet kind of beauty you only get this time of year. Its the perfect season to take a peaceful walk, breathe in the salt air, and enjoy Sandy Neck before the summer crowds arrive.

Sandy Neck has undergone some very significant changes over the winter, and work is still underway to perfect these changes for the folks who visit Sandy Neck to enjoy. We're reaching the end of this extensive project and we're hopeful that the beach will be fully open to patrons very soon!

That being said, the Sandy Neck Parking lot remains closed while we work through our resiliency project. The Off-Road Vehicle Beach will continue to be closed during the week and will be open Saturdays and Sundays until the completion of the project.

This is a good opportunity to apply for your 2026 Off-Road Vehicle permit for when the beach is open for the season.

For all Sandy Neck updates on Off-Road Vehicle access or the resiliency project visit <https://barnstable.gov/sandyneckpark/> or call us at 508-362-8300

Osprey

The osprey is a fish-eating bird of prey found almost worldwide. It's famous for diving into water feet-first to catch fish and can even rotate its prey mid-flight to reduce air resistance. A fun fact: ospreys have a reversible outer toe that helps them grip slippery fish securely, and they often reuse and expand the same nest year after year.

